

## Community Senior Home Delivery Menu May 2012

<b>Monday</b>		<b>Wednesday</b>		<b>Friday</b>
<b>April 30, 2012</b>		<b>May 2, 2012</b>		<b>May 4, 2012</b>
<i>Hot Meal</i>	<i>Cold Meal</i>	<i>Hot Meal</i>	<i>Cold Meal</i>	
Cheeseburger w/ Whole Grain Bun Black Bean Salad Calico Corn Pineapple	Chicken Alfredo Whole Grain Roll Peas and Carrots Apricots Cookie	Egg Salad Whole What Bread (2) Lentil Soup Bell Pepper Slices Mandarin Oranges	Ravioli/Meat Sauce Bread Stick Green Beans Salad Greens/Dressing Pears in Jello	Tuna Casserole w/ Whole Wheat Noodles Peas Celery Sticks Sliced Apricots
<b>May 7, 2012</b>		<b>May 9, 2012</b>		<b>May 11, 2012</b>
<i>Hot Meal</i>	<i>Cold Meal</i>	<i>Hot Meal</i>	<i>Cold Meal</i>	
Baked Turkey Cutlet Mashed Sweet Potatos Mixed Vegetables Banana	Oven Baked Chicken Roasted Potatos Carrots Whole Grain Roll Applesauce	Pork Chop & Apples Brown Rice Peas and Carrots Pickled Beets	Hamburger Whole Grain Bun Lettuce, Toamto, Onion Creamy Coleslaw Peaches	Chef Salad (meat, cheese egg, tomato) / Dressing Whole Grain Crackers Bean Soup Tropical Fruit
<b>May 14, 2012</b>		<b>May 16, 2012</b>		<b>May 18, 2012</b>
<i>Hot Meal</i>	<i>Cold Meal</i>	<i>Hot Meal</i>	<i>Cold Meal</i>	
Baked Ham Parslied Potatos Whole Grain Roll Brussel Sprouts Pineapple	Beef Tips & Gravy Whole Wheat Egg Noodles Yellow Squash Seasoned Spinach Fresh Orange	Beef Stew w/ Potatos & Carrots Biscuit Asparagus Baked Apple Slices	Baked Cod Wild Rice Broccoli Marinated Cucumber Salad Plums	Tuna Salad w/ Whole Grain Bread (2) Carrot Sticks Pea Salad Mixed Fruit
<b>May 21, 2012</b>		<b>May 23, 2012</b>		<b>May 25, 2012</b>
<i>Hot Meal</i>	<i>Cold Meal</i>	<i>Hot Meal</i>	<i>Cold Meal</i>	<i>Hot Meal</i>
Spaghetti w/ Meatballs Italian Vegetables Lettuce Salad/Dressing Pears	Mexican Chicken Brown Rice Black Beans Calico Corn Cherry Crisp	Meatloaf Au Gratin Potatos Cooked Cabage Strawberries & Angel Food cake	Hot Roast Beef Kaiser Roll Mashed Potatos & Gravy Broccoli Salad Oragnges	Black Bean Soup Nacho Chips Cottage Cheese Salad Greens/Dressing Mango
<b>May 28 - Memorial Day - Agency Closed</b>		<b>May 30, 2012</b>		
<i>Hot Meal</i>	<i>Cold Meal - Friday May 25</i>	<i>Hot Meal</i>	<i>Cold Meal</i>	
Have a Wonderful Holiday!!!  Memorial Day Agency Closed.	Egg, Spinach, Cheese Quiche Texas Toast Pickled Beets Banana	Chili w/ Meat & Beans Whole Grain Crackers Green Beans Grape Salad	Chicken & Dumplings Peas & Carrots Bell Pepper Slices Mixed Fruit	Suggested Donation: \$3.00 However, no one requesting a meal will be denied meal services. milk is served with each meal.

No Meal Delivery Monday May 28th. Two meals will be delivered Friday May 25 to compensate No Meal on Monday. Delivery will resume Wed May 30.

**For Reservations Call (217) 732-2159 Ext. 240**

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