# LINCOLN ELEMENTARY SCHOOLS Lunch Menu

#### Monday, Dec. 2

Bar b.q. rib on wg bun Baked beans Baked potato Fruit cocktail

#### Tuesday, Dec. 3

Breaded chicken patty Broccoli florets w/dip Sweet corn Bread & butter Diced peaches

#### Wednesday, Dec. 4

Cheese pizza Spinach mix Green beans Cinnamon applesauce

# Thursday, Dec. 5

Deli turkey on wg bun Sweet peas Sweet potato fries Orange wedges

# Friday, Dec. 6

Chili w/crackers Peanut butter sandwich Cheese stick/dill spear Celery sticks Whipped dessert

# Monday, Dec. 9

Ravioli w/meat sauce Mashed potatoes Garlic bread stick Broccoli w/cheese sauce Diced pears

#### Tuesday, Dec. 10

Texas tacos w/fritos & cheese Refried beans Sweet corn Fruit cocktail

# Wednesday, Dec. 11

Chicken & biscuit Sweet peas Lettuce w/romaine Grapes

# Thursday, Dec. 12

Sloppy joe on wg bun French fries Cole slaw Diced peaches

# Friday, Dec. 13

Pancakes w/syrup Sausage patties Sweet potato puffs Tomato juice Strawberry applesauce

#### Variety of milk served with all meals

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat. Nutritional information is available upon request.