

LINCOLN ELEMENTARY SCHOOLS

Breakfast Menu

Monday, Dec. 16

Cereal
Cinnamon toast
Juice/fruit
Milk

Tuesday, Dec. 17

Mini waffles
Juice/fruit
Milk

Wednesday, Dec. 18

Cereal
Graham crackers
Juice/fruit
Milk

Thursday, Dec. 19

Oatmeal chocolate chip bar
Juice/fruit
Milk

Friday, Dec. 20

Cereal
Toast w/jelly
Juice/fruit
Milk

Monday, Jan. 6

Cereal
Cinnamon toast
Juice/fruit
Milk

Tuesday, Jan. 7

Trix yogurt
Mini cinnamon rolls
Juice/fruit
Milk

Wednesday, Jan. 8

Cereal
Peanut butter & jelly sandwich
Juice/fruit
Milk

Thursday, Jan. 9

Sausage gravy & biscuit
Juice/fruit
Milk

Friday, Jan. 10

Cereal
Toast w/jelly
Juice/fruit
Milk

Merry Christmas
&
Happy New Year!!!

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Nutritional information is available upon request.