# LINCOLN ELEMENTARY SCHOOLS Breakfast Menu

# Monday, Feb. 4

Trix yogurt Grilled cheese sandwich Orange juice Milk

### Tuesday, Feb. 5

Cereal Toast w/ jelly Juice/fruit Milk

## Wednesday, Feb. 6

Egg & cheese bagel Fruit Milk

### Thursday, Feb. 7

Cereal Blueberry muffin Juice/fruit Milk

### Friday, Feb. 8

Maple waffle sticks Fruit Milk

### Monday, Feb. 11

Cereal Pop tart Juice/fruit Milk

## Tuesday Feb. 12

Oatmeal Toast Fruit Milk

#### Wednesday, Feb. 13

Cereal Cinnamon toast Juice/fruit Milk

#### Thursday, Feb. 14

Breakfast pizza Fruit Milk

## Friday, Feb. 15

Cereal Peanut butter & jelly sandwich Juice/fruit Milk

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Nutritional information is available upon reguest.