

# LINCOLN ELEMENTARY SCHOOLS

## Lunch Menu

### **Monday, May 6**

Sub sandwich on wg bun  
French fries  
Peas  
Cinnamon applesauce

### **Tuesday, May 7**

Sweet & sour chicken  
Over wg rice  
Green beans  
Carrot sticks  
Fruit cocktail

### **Wednesday, May 8**

Tacos w/lettuce & cheese  
Refried beans  
Tortilla chips w/salsa  
Diced peaches

### **Thursday, May 9**

Grilled chicken on wg bun  
Pasta salad  
Corn  
Orange wedges

### **Friday, May 10**

Spaghetti w/meat sauce  
Spinach mix  
Bread stick  
Diced pears

### **Monday, May 13**

Fish sticks  
Candied carrots  
Black bean salad  
Bread & butter  
Apple slices

### **Tuesday, May 14**

Corndog  
Green beans  
Celery sticks w/peanut butter  
Diced pears

### **Wednesday, May 15**

Deli turkey on wg bun  
Spinach mix  
Corn on the cob  
Fruit cocktail

### **Thursday, May 16**

Sloppy joe  
French fries  
Cole slaw  
Cinnamon applesauce

### **Friday, May 17**

French toast sticks  
Sausage patties  
Hash brown  
Diced pears / tomato juice

**Variety of milk served with all meals**

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat. Nutritional information is available upon request.