LINCOLN ELEMENTARY SCHOOLS Breakfast Menu

Monday, Oct. 7

Cereal Pop tart Juice/fruit Milk

Tuesday, Oct. 8

Oatmeal chocolate chip bar Juice/fruit Milk

Wednesday, Oct. 9

Cereal Peanut butter & jelly sandwich Juice/fruit Milk

Thursday, Oct. 10

Flatbread egg & cheese pizza Juice/fruit Milk

Friday, Oct. 11

No School Teacher Institute

Monday, Oct. 14

COLUMBUS DAY! No School

Tuesday, Oct. 15

Cereal ¹/₂ cinnamon tastry Juice/fruit Milk

Wednesday, Oct. 16

Oatmeal Toast Juice/fruit Milk

Thursday, Oct. 17

Cereal Toast w/jelly Juice/fruit Milk

Friday, Oct. 18

Trix yogurt Grilled cheese sandwich Juice/fruit Milk

EAT BREAKFAST EVERYDAY!!

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Nutritional information is available upon reguest.