

LINCOLN ELEMENTARY SCHOOLS

Breakfast Menu

Monday, Mar. 24

Cereal
Cinnamon toast
Juice/fruit
Milk

Tuesday, Mar. 25

Mini waffles
Juice/fruit
Milk

Wednesday, Mar. 26

Cereal
Peanut butter & jelly sandwich
Juice/fruit
Milk

Thursday, Mar. 27

Sausage gravy & biscuit
Juice/ fruit
Milk

Friday, Mar. 28

Cereal
Donut holes
Juice/fruit
Milk

Monday, Mar. 31

French toast sticks
Juice/fruit
Milk

Tuesday, April 1

Cereal
Toast w/jelly
Juice/fruit
Milk

Wednesday, April 2

Trix yogurt
Blueberry muffin
Juice/fruit
Milk

Thursday, April 3

Cereal
Cinnamon toast
Juice/fruit
Milk

Friday, April 4

Scrambled eggs
Toast
Juice/fruit
Milk

“EAT BREAKFAST EVERY DAY!”

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Nutritional information is available upon request.