

LINCOLN ELEMENTARY SCHOOLS

Breakfast Menu

Monday, April 7

Cereal
Graham crackers
Juice/fruit
Milk

Tuesday, April 8

Banana bread slice
Juice/fruit
Milk

Wednesday, April 9

Cereal
Cinnamon toast
Juice/fruit
Milk

Thursday, April 10

Apple slices w/peanut butter
Rice krispy treat
Milk

Friday, April 11

Cereal
Pop tart
Juice/fruit
Milk

Monday, April 21

No School!

Tuesday, April 22

Cereal
Cinnamon toast
Juice/fruit
Milk

Wednesday, April 23

Breakfast slider
Juice/fruit
Milk

Thursday, April 24

Cereal
Peanut butter & jelly sandwich
Juice/fruit
Milk

Friday, April 25

Trix yogurt
Cinnamon roll
Juice/fruit
Milk

“EAT BREAKFAST EVERY DAY!”

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Nutritional information is available upon request.