

Community Action Senior Home Delivery Menu - April 2014

Monday		Wednesday		Friday
<i>Hot Meal</i> <i>Cold Meal</i>		Apr. 2 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 4
Suggested Donation: \$3.00 However, no one requesting a meal will be denied meal service Milk served with each meal Reservation -732-2159 ext. 240		Oven Fried Chicken Mashed Potatoes Corn Whole Grain Roll Dutch Apple Pie	Hamburger Rotini Pasta Bake Capri Veggies Bread Mixed Berries/Cool Whip	Cheeseburger/Bun Kidney Bean Salad Cole Slaw Diced Peaches
Apr. 7 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 9 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 11
Baked Chicken Thighs/Mrs. Da: Scalloped Potatoes Peas Cooked Apples		Pork Chop Carrots Lima Beans Whole Grain Roll Diced Pears	Salisbury Steak/Gravy Mashed Potatoes Broccoli Bread Fruit Cocktail	Roasted Sliced Turkey Butter Beans Carrots Whole Grain Roll Banana Pudding Banana
Apr. 14 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 16 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 18 <i>Good Friday</i>
Swedish Meatballs Cheesy Cauliflower Green Beans Whole Grain Roll Peach Crisp		Beef Fajitas/Tortillas Sauteed Green Peppers/Onions Salsa/Cheese/Sour Cream Black Eyed Peas Rosy Applesauce	Chicken Strips Peas Breaded Tomatoes Baked Apple Slices	Baked Tilapia Seasoned Potato Wedges Lima Beans Pineapple Chunks Whole Grain Bread
Apr. 21 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 23 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 25
Chopped Beef Steak/Gravy Mashed Potatoes Corn Orange Fluff Whole Grain Roll		Polish Sausage/Bun Cooked Cabbage Carrots Diced Pears Oatmeal Cookie	Baked Ham Sweet Potatoes Baked Beans Pineapple Chunks Bread	Chicken & Noodles Peas Carrots Diced Peaches Whole Grain Roll
Apr. 28 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 30 <i>Hot Meal</i> <i>Cold Meal</i>		Apr. 30
Ham & Beans Chopped Onion Carrots Cornbread Diced Peaches		Roasted Turkey Seasoned Whole Baby Potatoes California Blend Veggies Plums Bread	Beef Tips Over Whole Wheat Noodles Corn Side Salad/Dressing Pear Crisp	Chicken Pasta Bake Brussels Sprouts Mixed Veggies Mandarin Oranges Breadstick
				Senior Nutrition is provided by Community Action Partnership of Central Illinois and partially funded by Area Agency on Aging Lincoln

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