

# LINCOLN ELEMENTARY SCHOOLS

## Breakfast Menu

### **Monday, April 28**

Cereal  
Peanut butter & jelly sandwich  
Juice/fruit  
Milk

### **Tuesday, April 29**

French toast sticks  
Hot cinnamon apples  
Milk

### **Wednesday, April 30**

Cereal  
Donut holes  
Juice/fruit  
Milk

### **Thursday, May 1**

Blueberry breakfast round  
Cheese stick  
Juice/fruit  
Milk

### **Friday, May 2**

Cereal  
Cinnamon toast  
Juice/fruit  
Milk

### **Monday, May 5**

Mini pancakes  
Juice/fruit  
Milk

### **Tuesday, May 6**

Cereal  
Toast w/jelly  
Juice/fruit  
Milk

### **Wednesday, May 7**

Trix yogurt  
Cinnamon roll  
Juice/fruit  
Milk

### **Thursday, May 8**

Cereal  
Cinnamon toast  
Juice/fruit  
Milk

### **Friday, May 9**

Sausage gravy & biscuit  
Juice/fruit  
Milk

**“EAT BREAKFAST EVERY DAY!”**

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Nutritional information is available upon request.