LINCOLN ELEMENTARY SCHOOLS Lunch Menu

Monday, Jan. 27

Mini corndogs Sweet potato fries Wax beans Diced peaches

Tuesday, Jan. 28

Chicken wrap w/cheese Corn Broccoli florets w/dip Fruit cocktail

Wednesday, Jan. 29

Max cheese stix w/marinara Spinach mix Sweet peas Diced pears

Thursday, Jan. 30

Sweet & sour chicken w/brn rice Green beans Carrot sticks Apple slices

Friday, Jan. 31

Hamburger on wg bun w/cheese Baked beans French fries Pineapple chunks

Monday, Feb. 3

Hot dog on wg bun Potato rounds Sweet peas Diced peaches

Tuesday, Feb. 4

Smokies in bar b.q. sauce Mashed potatoes Broccoli w/cheese Bread & butter Fruit cocktail

Wednesday, Feb. 5

Tacos w/romaine lettuce & cheese Refried beans Tortilla chips w/salsa Corn Orange wedges

Thursday, Feb. 6

Chicken strips w/sauce Candied sweet potatoes Bread & butter Green beans Cinnamon applesauce

Friday, Feb. 7

Chili w/crackers Cheese stick/dill spear Peanut butter sandwich Celery sticks Whipped dessert Variety of milk served with all meals

STUDENTS MAY REFUSE 2 ITEMS FROM THEIR TRAY, BUT MUST TAKE ½ CUP OF FRUIT OR VEGETABLE!

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat. Ilutritional information is available upon request.