



Special Olympics
Illinois



TAKE THE PLUNGE!

MARCH 22, 2014

noon

Lincoln Lakes
Lincoln



FOR SPECIAL OLYMPICS
ILLINOIS



For More Information or to Register:

www.plungeillinois.com



Minimum Pledge
To Plunge: \$75

Presented by:



Lincoln Local Sponsors:



Lincoln Media Sponsors:





POLAR PLUNGE



FOR SPECIAL OLYMPICS ILLINOIS

Online Registration & Fundraising

Start collecting a **minimum of \$75** by asking friends, family, co-workers and other members of clubs or churches to sponsor your plunge.

All Plungers who register online can set up an online fundraising page. This will make it easier for your friends and family to donate to your fundraising efforts since they can donate online with a credit card. **All Plungers are encouraged to register online.** Visit www.plungeillinois.com to register and begin fundraising online. A donation tracking form is available for download at www.plungeillinois.com.

To get your sweatshirt on the day of the Plunge, you must register by Jan. 20, 2014. Plungers who register after this date will be receive a sweatshirt on-site as supplies allow or will have one mailed to them after the plunge.

If you don't have access to the Internet, contact the Area Director listed below.

What Is the Polar Plunge?

As the name implies, participants raise at least \$75 in donations from friends, family and co-workers, in exchange for jumping into icy waters in the middle of winter. This Plunge is one of 20 being held around the state from Feb. 22 to March 23, 2014. All proceeds collected by Plungers benefit Special Olympics Illinois athletes. This "unbearable" event is the project of the Law Enforcement Torch Run with all proceeds going toward its fundraising efforts for Special Olympics Illinois. **Attire:** Anything but a wet suit; **shoes are required;** costumes encouraged.

Plunger Incentive Prizes

Plungers will receive incentive prizes based on the amount of money they raise. By raising the minimum of \$75, you'll receive an official Plunge hooded sweatshirt and admission to the post-Plunge party (adult guests pay \$6, kids 12 and under pay \$3 at the door). Other prizes are awarded at the \$250, \$500 and \$1,000 levels. Check www.plungeillinois.com for more information on prizes.

IMPORTANT:

All Plungers must sign a waiver.

***Plungers under the age of 18 MUST have a parent/guardian sign the waiver form.**

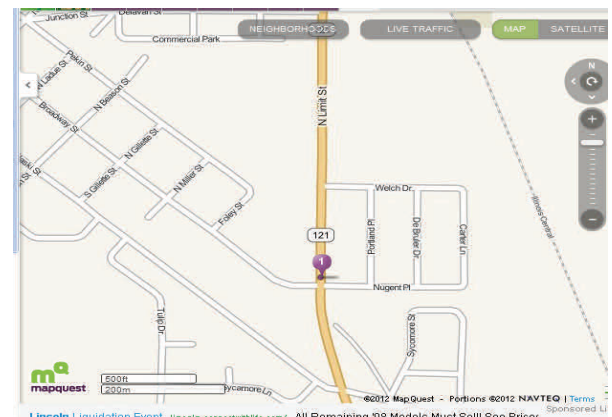
Lincoln Polar Plunge, Lincoln Lakes, Lincoln

Registration begins at 10 a.m. March 22, 2014, at Knights of Columbus Hall, Lincoln. All Plungers and spectators will be bused to Plunge site at Lincoln Lakes. Plunge starts at noon. Post-Plunge Party immediately after Plunge at Lincoln K of C. Lunch is free for Plungers, \$6 for adults and \$3 for kids 12 & under.

**For More Information, Contact:
Special Olympics Illinois Central/Area 10**
Attn: Joanie Keyes
1950 N. Water St., Ste. 2 Decatur, IL 62526
217-428-9255 / Fax: 217-428-9264 /
jkeyes@soill.org

Lincoln Lakes, Lincoln— 217 S. Limit St., Lincoln, IL 62656

From Clinton: Take Route 10 West to Route 121 South/Limit Street. Turn right into parking lot of Knights of Columbus Hall. **From Decatur:** Take Route 121 West into Lincoln. As you enter Lincoln, the Knights of Columbus Hall is on the left on the corner of Limit Street and Broadway Street. **From Springfield:** Take I-55 north to Exit 123/Business Loop 55. Follow into Lincoln. Take a right on Fifth Street that turns into Broadway Street. The Knights of Columbus Hall will be on the left. **From Bloomington:** Take I-55 south to Exit 126/Route 10 east. Follow Route 10 to Route 121 South/Limit Street. The Knights of Columbus Hall is on the left.



Special Olympics Illinois

Special Olympics Illinois is a not-for-profit organization offering year-round sports training and competition in 19 sports for nearly 21,500 athletes with intellectual disabilities and more than 18,500 Young Athletes with and without intellectual disabilities.



Law Enforcement Torch Run

The Law Enforcement Torch Run is the single largest fundraising vehicle benefiting Special Olympics Illinois. The intra-state relay and its various fundraising projects have two goals: to raise money and increase public awareness for the athletes of Special Olympics Illinois.

