

LINCOLN ELEMENTARY SCHOOLS

Breakfast Menu

Monday, Jan. 13

Cereal
Pop tart
Juice/fruit
Milk

Tuesday, Jan. 14

Oatmeal
Toast
Raisins/juice
Milk

Wednesday, Jan. 15

Cereal
½ cinnamon tastry
Juice/fruit
Milk

Thursday, Jan. 16

Scrambled eggs
Toast
Juice/fruit
Milk

Friday, Jan. 17

No School!
Teacher Institute

Monday, Jan. 20

Martin Luther King Day!
No School

Tuesday, Jan. 21

Cereal
Toast w/jelly
Juice/fruit
Milk

Wednesday, Jan. 22

Breakfast sliders
Juice/fruit
Milk

Thursday, Jan. 23

Cereal
Cinnamon toast
Juice/fruit
Milk

Friday, Jan. 24

Trix yogurt
Peanut butter & jelly sandwich
Juice/fruit

“EAT BREAKFAST EVERY DAY!”

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Nutritional information is available upon request.