

LINCOLN ELEMENTARY SCHOOLS

Breakfast Menu

Monday, Mar. 10

Cereal
Pop tart
Juice/fruit
Milk

Tuesday, Mar. 11

Funnel cakes
Juice/fruit
Milk

Wednesday, Mar. 12

Cereal
Peanut butter & jelly sandwich
Juice/fruit
Milk

Thursday, Mar. 13

Scrambled eggs
Toast
Juice/fruit
Milk

Friday, Mar. 14

Cereal
Donut holes
Juice/fruit
Milk

Monday, Mar. 17

Oatmeal
Toast
Raisins
Milk

Tuesday, Mar. 18

Cereal
Toast w/jelly
Juice/fruit
Milk

Wednesday, Mar. 19

Breakfast sliders
Juice/fruit
Milk

Thursday, Mar. 20

Cereal
Cinnamon toast
Juice/fruit
Milk

Friday, Mar. 21

Trix yogurt
Grilled cheese
Juice/fruit
Milk

“EAT BREAKFAST EVERY DAY!”

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Nutritional information is available upon request.