LINCOLN ELEMENTARY SCHOOLS Breakfast Menu

Monday, May 12

Cereal Pop tart Juice/fruit Milk

Tuesday, May 13

Banana bread slice Juice/fruit Milk

Wednesday, May 14

Cereal Peanut butter & jelly sandwich Juice/fruit Milk

Thursday, May 15

Scrambled eggs Toast Juice/fruit Milk

Friday, May 14

Cereal Graham crackers Juice/fruit Milk

Monday, May 19

Breakfast slider Juice/fruit Milk

Tuesday, May 20

Cereal Cinnamon toast Juice/fruit Milk

Wednesday, May 21

Apple slices w/peanut butter Juice/fruit Milk

Thursday, May 22

Cereal Toast w/jelly Juice/fruit Milk

Friday, May 23

Trix yogurt Grilled cheese sandwich Juice/fruit Milk

"EAT BREAKFAST EVERYDAY!"

Meals meet natritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat, on average. Natritional information is available upon reguest.