

CONCUSSIONS ARE REAL. PROTECT YOUR CHILD.

The facts are clear.

Concussions are a very serious injury with potentially catastrophic effects. Abraham Lincoln Memorial Hospital is offering **FREE** pre-season ImPACT concussion testing to **ALL** Logan County athletes ages 10 & up.

ABOUT THE TEST

The ImPACT program is a researched-based, scientifically proven method of concussion management. This computerized baseline test is facilitated by an ALMH ImPACT Trained Athletic Trainer. On test day, no physical activity is allowed prior to the test. Expect the test to last 30-45 minutes. If injured, a follow-up test is taken and the results are read by an ImPACT trained physician or trainer to help determine when the athlete can safely return to sports. **REQUIRED FOR ALL INCOMING FRESHMEN ATHLETES.**

DATES/TIMES

Tuesdays & Thursdays | June 12 - July 31 | 9am-12pm & 1pm-3pm
Lincoln Junior High School Computer Lab | 208 Broadway Street | Lincoln, IL

SCHEDULE AN APPOINTMENT

Call ALMH Rehab Department at 217-605-5500

**FUNDING PROVIDED IN PART BY THE
ABRAHAM LINCOLN HEALTHCARE FOUNDATION**