

Community Action Senior Programs-Congregate Meals - April 2015

Monday	Tuesday	Wednesday	Thursday	Friday
A suggested donation is \$3.00. However, no one requesting a meal will be denied meal service. Milk is served with each meal.	Senior Nutrition is provided by Community Action Partnership of Central Illinois and partially funded by Area Agency on Aging for Lincolnland.	1 BBQ Chicken Thighs Green Beans with Baby Potatoes Cauliflower Orange Fluff WG Bread	2 Veggie Bacon Pasta Salad Cottage Cheese Yogurt Fruit Parfait WG Crackers	3 Chopped Beefsteak/Gravy Mashed Potatoes Peas Diced Pears WG Bread
6 Spaghetti & Meatballs Italian Blend Veggies Diced Pears Rosy Applesauce Breadstick	7 Chicken Vegetable & Rice Stir Fry/Brown Sauce Broccoli Orange Graham Crackers	8 Sloppy Joe Casserole Corn Cheesy Cauliflower Applesauce Cake	9 Chicken Bacon Ranch Pasta Peas Ranch Carrots Diced Peaches WG Bread	10 Oven Fried Chicken Scalloped Potatoes Lima Beans Banana WG Bread
13 Baked Ham Sweet Potatoes Green Beans Diced Pineapple WG Bread	14 Turkey Cheeseburger/Bun Butter Beans Stewed Tomatoes Mixed Fruit	15 Herb Roasted Chicken Cooked Cabbage Peas Banana WG Bread	16 Bacon Cheeseburger Past Basil Cherry Tomato Salad Corn Cherry Crisp Bread	17 Popcorn Shrimp/Cocktail Sauce Seasoned Potato Wedges Cole Slaw Cornbread Diced Peaches
20 Lentil Vegetable Soup Cheeseburger/Bun Chips Plums	21 Chicken Strips Baked Potato/Butter/Sour Cream Breaded Tomatoes Diced Peaches WG Bread	22 Sausage Gravy Over Biscuits Scrambled Eggs Hash Browns V-8 Juice Orange	23 Tomato Soup Cottage Cheese Sliced Green peppers WG Crackers Diced Pears	24 Beans & Wieners Seasoned Potato Wedges Mixed Fruit WG Bread
27 Beef Fajita's/Sauteed Green Peppers/Onions/Sour Cream Salsa/Shredded Cheese Pinto Beans Mixed Berries/Cool Whip	28 Tuna Noodle Casserole/Peas & Carrots Spinach Blueberry Crisp WG Bread	29 Philly Cheesesteak Sloppy Joe's Creamy Cucumbers/Cherry Tomatoes/Onions V-8 Juice Strawberries/Cool Whip	30 Salmon Boats Rice Pilaf Peas Mixed Berries/Cool Whip/Angel Food Cake	

For Reservations, call 217-732-2159 ext. 240