

LINCOLN ELEMENTARY SCHOOLS

Lunch Menu

Monday, April 28

Mini corndogs
Baked beans
French fries
Diced peaches

Tuesday, April 29

Salisbury steak
Broccoli w/cheese
Mashed potatoes
Bread & butter
Fruit cocktail

Wednesday, April 30

Sausage pizza
Sweet peas
Salad w/romaine
Diced pears

Thursday, May 1

Sub sandwich
Corn
Carrots and tomatoes
Banana

Friday, May 2

Sweet & sour chicken
w/brown rice
Green beans
Celery sticks
Cinnamon applesauce

Monday, May 5

Hot dog on wg bun
Sweet potatoe fries
Green beans
Diced pears

Tuesday, May 6

Bar b.q. chicken on wg bun
Hash brown
Sweet peas
Apple slices

Wednesday, May 7

Soft taco w/cheese & lettuce
Refried beans
Tortilla chips w/salsa
Diced peaches

Thursday, May 8

Chicken strips w/sauce
Corn
Broccoli florets w/dip
Bread & butter
Fruit cocktail

Friday, May 9

Ravioli w/meat sauce
Mashed potatoes
Spinach mix
Bread & butter
Mandarin oranges

Variety of milk served with all meals

STUDENTS MAY REFUSE 2 ITEMS FROM THEIR TRAY, BUT MUST TAKE ½ CUP OF FRUIT OR VEGETABLE!

Meals meet nutritional requirements set forth by the Federal Government, of 30% or less total fat, and 10% or less saturated fat. Nutritional information is available upon request.