



LAW ENFORCEMENT TORCH RUN
POLAR PLUNGE

FOR SPECIAL OLYMPICS ILLINOIS

50 YEARS
1968-2018

What is the Law Enforcement Torch Run Polar Plunge for Special Olympics Illinois?

The Law Enforcement Torch Run Polar Plunge® is a unique opportunity to support Special Olympics athletes by taking a flying leap – a leap into the frigid waters of an Illinois lake.

Participants raise at least \$100 in donations from friends, family and co-workers in exchange for jumping into the icy waters in the middle of winter. Each plunger receives a Polar Plunge sweatshirt and entrance into a Post-Plunge Party, plus the chance to win additional prizes for raising more money. All proceeds collected by Plungers benefit Special Olympics Illinois athletes. In 2017, nearly \$2 million was raised by 6,367 plungers. In 19 years, more than \$18.4 million has been raised by more than 66,000 plungers!

Attire: Anything but a wet suit. Shoes are recommended and costumes are encouraged. Don't forget a towel with which to dry off! No head-first diving is allowed!

Polar Plunges will take place from Feb. 16 to March 25 in 23 different locations around the state!

- Friday, Feb. 16 & Saturday, Feb. 17, 2018 – SUPER Plunge into Lake Michigan (Plunging once an hour every hour for 24 straight hours)
- Saturday, February 17, 2018 – Southern Illinois University Campus Lake, Carbondale
- Sunday, February 18, 2018 – Lake Michigan, Clark Street Beach, Evanston
- Sunday, February 18, 2018 – Twin Lakes, Salt Creek Park District, Palatine
- Saturday, February 24, 2018 - Miller Park Lake, Bloomington
- Saturday, February 24, 2018 – Carlyle Lake, Carlyle
- Saturday, February 24, 2018 – Lake of the Woods Forest Preserve, Mahomet
- Saturday, February 24, 2018 – Mendota Lake, Mendota
- Saturday, February 24, 2018 – Moorman Lake, Upper Moorman Park, Quincy
- Sunday, February 25, 2018 – Lakefront Park, Fox Lake
- Sunday, February 25, 2018 – Lake Storey, Galesburg
- Saturday, March 3, 2018 – Rend Lake, South Sandusky Beach, Benton
- Saturday, March 3, 2018 – Lake Springfield, KC Lake Club, Chatham
- Saturday, March 3, 2018 – Lake Decatur, The Beach House, Decatur
- Saturday, March 3, 2018 – Lake Sara, Effingham
- Saturday, March 3, 2018 – Manteno Lake, Manteno
- Saturday, March 3, 2018 - Oak Brook Bath and Tennis Club, Oak Brook
- Saturday, March 3, 2018 – Olson Lake, Rock Cut State Park, Rockford
- Sunday, March 4, 2018 – Spring Lake, Macomb
- Sunday, March 4, 2018 - Loon Lake, Silver Springs State Park, Yorkville
- Friday, March 9, 2018 - 4204 Banquet Center, Belleville
- Saturday, March 10, 2018 – Leisure Lakes, Joliet
- Saturday, March 10, 2018 - University of Illinois, Memorial Stadium Parking Lot, Champaign
- Sunday, March 25, 2018 – Wicks Lake, Jumer's Casino, Rock Island

**Online registration now available. For more information or to register, visit
www.plungeillinois.com**